

CFI Adult Programs/Training

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
5:15 AM			Extreme Adult Leaders Swim	Extreme Adult Leaders Run	Extreme Adult Leaders Paddle Board Yoga	Extreme Adult Leaders Kayak
8:00 AM		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:00-9:50 AM			IOLS		Camping and Hiking Techniques	IOLS
10:00-10:50 AM		IOLS	IOLS			
11:00-11:50 AM		Safe Swim Defense	Safety Afloat		Geocaching	
12:00-12:50 PM		Swimming and Water Rescue	Swimming and Water Rescue		Paddle Craft Safety	
1:00 PM		Lunch	Lunch	Lunch	Lunch	Lunch
2:00-2:50 PM		Nap Safely			Fireside Chat	Bug Out: How to Prepare for Emergency
3:00-5:00 PM		CPR/First Aid/AED	CPR/First Aid/AED Continued		Leave No Trace/Outdoor Ethics	
6:00 PM		Dinner	Dinner	Dinner	Dinner	Dinner
7:00 PM		Procrastination Merit Badge				
8:00 PM			Adult Leader Social	Scoutmaster's Forum		

Don't forget to work on your Scoutmaster Merit Badge throughout the week.

IOLS Participants need to attend all 4 IOLS Session, Honor Trail (T), Leave No Trace (Th), Camping and Hiking Tips (Th)